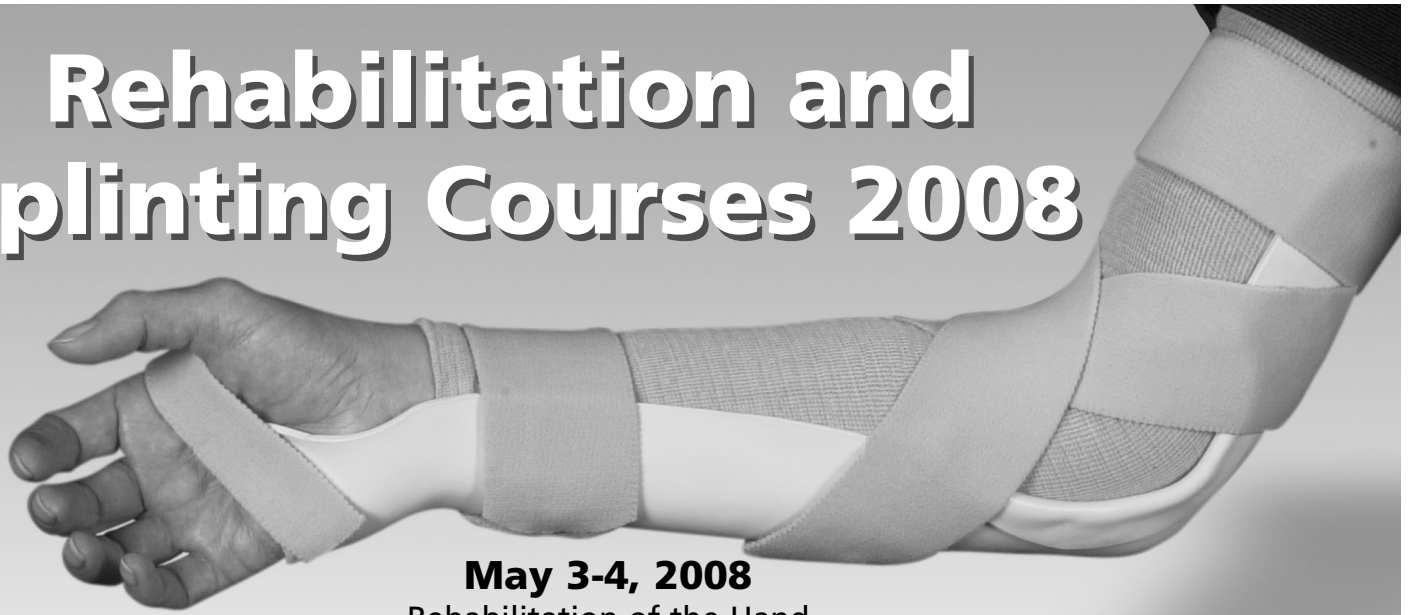


Rehabilitation and Splinting Courses 2008



May 3-4, 2008

Rehabilitation of the Hand
Salem, New Hampshire

May 30-31, 2008

Advanced Splinting for the Hand Therapist
Quincy, Massachusetts



presented by

Noelle M. Austin, MS, PT, CHT

Sponsored by

PATTERSON
MEDICAL

SAMMONS
PRESTON

and

CJ
EDUCATION AND
CONSULTING, LLC

RESORTED
FIRST CLASS
U.S. POSTAGE
PAID
PATTERSON

Woodbridge, CT 06525
P.O. Box 3930
CONSULTING, LLC
EDUCATION AND
CJ

Rehabilitation of the Hand May 3-4 — New Hampshire

Course Description:

A dynamic format utilizing lecture and demonstration address the rehabilitation management of patients with hand dysfunction. This interactive course is intended for the practicing PT, PTA, OT, COTA with a basic understanding of hand anatomy and pathology. Participants will gain insight into the appropriate therapy intervention to manage common hand diagnoses and acquire 'Clinical Pearls' from the experienced instructor. Following a review of hand anatomy, instruction on how to perform a comprehensive hand assessment will be presented.

Common hand diagnoses will be discussed including specific tests and the appropriate treatment options. 14 contact hours, 1.4 CEUs

Course Schedule

Saturday:

- 8:00 - 8:30
Registration
- 8:30 - 10:30
Lecture/Demonstration
- Hand anatomy
 - Examination
- 10:30 - 12:00
Lecture
- Therapy Intervention
 - Splinting
- 12:00 - 1:00
Lunch (on own)
- 1:00 - 3:00
Lecture/Splinting Demonstration
- Cumulative Trauma Disorders
- 3:00 - 4:30
Lecture/Splinting Demonstration
- Peripheral Nerve Injuries

Sunday:

- 8:30 - 10:30
Lecture/Splinting Demonstration
- Fractures
- 10:30 - 12:00
Lecture/Splinting Demonstration
- Tendon Injuries
- 12:00 - 1:00
Lunch (on own)
- 1:00 - 2:30
Lecture/Splinting Demonstration
- Arthritis
- 2:30 - 4:00
Lecture/Splinting Demonstration
- Soft Tissue Conditions
- 4:00 - 4:30
Question/Answer Session

Advanced Splinting for the Hand Therapist May 30-31 — Massachusetts

Course Description:

The focus of this session will be the splint fabrication process. A dynamic format utilizing lecture, case studies, demonstration and hands-on lab activities will address the latest in splinting trends. This interactive course is intended for the practicing PT, PTA, OT, COTA with intermediate to advanced splinting skills. This interactive session will allow the participants to gain insight into the newest products on the market. Labs will allow them time to sample many different products as well as acquire 'Clinical Pearls' from the experienced instructor. Various splinting materials will be utilized including a wide range of thermoplastics, Neoprene and strapping. In addition, a sampling of the newest tools and components will be available for display and demonstration. 10.5 contact hours, 1.05 CEUs

Course Schedule

Friday:

- 4:30 - 5:00 Registration
- 5:00 - 6:30 Lecture: Advanced Splinting
- 6:30 - 8:30 Lab - Creative splints to address PIP joint stiffness
- Digit exercise splints
 - PIP extension mobilization splint

Saturday:

- 8:30 - 9:30 Lecture: Splinting Clinical Pearls
- 9:30 - 11:00 Lab
- MP Extension mobilization splint (Digitec Kit)
- 11:00 - 12:30 Lab
- MP flexion mobilization splint (Zipper splint with multiple mobilization options))
- 12:30 - 1:30 Lunch (on own)
- 1:30 - 2:45 Lab: Miscellaneous splints
- CMC splint
 - Radial nerve splints
 - Ulnar nerve & Combined Ulnar/Median nerve splints
- 2:45 - 3:00 Lecture: Splinting with Neoprene
- 3:00 - 4:30 Lab: Splinting with Neoprene - unique ideas for custom splinting
- Forearm splint
 - CMC splint
 - Wrist splint
 - Digit splints/strapping

Course Instructor

Noelle M. Austin MS, PT, CHT is a graduate of Quinnipiac University who obtained her Master's degree at the University of Connecticut with a special focus on Allied Health Education. She has been teaching the art and science of splinting for over 13 years. In addition to conducting both national and private workshops on splinting and hand rehabilitation, Noelle has been involved in product development and training of sales representatives for Sammons Preston Rolyan. For the past two years she has presented a pre-conference at the Annual ASHT meetings on the topic of splinting. She owns CJ Education and Consulting, LLC which is dedicated to providing quality clinical education for therapists around the country. Currently a hand therapist at ProPT in Hamden, CT, she is also an active member of the American Society of Hand Therapists. Noelle is co-author and co-editor of the book: *Splinting the Hand and Upper Extremity: Principles and Process* published by Lippincott Williams and Wilkins, 2003. She co-authored the Jul-Sep 2004 article published in *The Journal of Hand Therapy*: 'A comparison of high-profile and low-profile dynamic mobilization splint designs'. In addition, she wrote the chapter 'Wrist and Hand Complex' in the 4th edition of *Joint Structure and Function* (Levangie and Norkin) published by FA Davis in 2005. She also co-authored 'Orthotics in the Management of Hand Dysfunction' in 2nd edition of *Orthotics and Prosthetics in Rehabilitation* (Lusardi and Nielsen) published by Elsevier 2007.

Course Registration

Course Tuition: Includes continental breakfast, refreshments/snacks at the breaks, course manual and splinting materials.

May 3-4 -- New Hampshire: \$450 (early bird \$400 - due 30 days prior)

May 30-31-- Massachusetts: \$325 (early bird \$300 - due 30 days prior)

Contact Hours: Certificates of attendance will be issued to all participants completing the CEU requirements. This course meets criteria "A" for hand therapy re-certification.

New Hampshire: 14 contact hours (1.4 CEUs)

Massachusetts: 10.5 contact hours (1.05 CEUs)

Course Location: Directions and listing of local lodging will be included in confirmation letter.

New Hampshire: Northeast Rehabilitation Health Network- Salem NH

Massachusetts: Quincy Medical Center - Quincy MA

Payment: (no credit cards accepted - CHECKS ONLY)

Please make checks payable and return to:

CJ Education and Consulting, LLC

P.O. Box 3930

Woodbridge, CT 06525

phone/fax: 203.393.2446

Registration Form: PLEASE PRINT CLEARLY!!

NAME: _____

PROFESSION/CREDENTIALS: _____

HOME ADDRESS: _____

CITY/STATE/ZIP: _____

HOME PHONE: (_____) _____

WORK PHONE: (_____) _____

FAX: (_____) _____

E-MAIL: _____

EMPLOYER: _____

COURSE: _____ New Hampshire: May 3-4, 2008

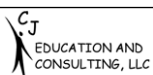
_____ Massachusetts: May 30-31, 2008

CONFIRMATION LETTERS WILL BE FAXED OR EMAILED - PLEASE INDICATE PREFERENCE!! _____ **FAX OR** _____ **EMAIL**

Registration is on a first come first served basis. Limited enrollment is planned to ensure quality of course and ample instructor-participant attention.

Cancellation of registration up to 2 weeks prior to course date will result in a refund minus a \$50 administrative fee. Refunds will be issued within 30 days of notification. THERE WILL BE NO REFUNDS AFTER THIS ESTABLISHED

DEADLINE. CJ Education and Consulting, LLC reserves the right to cancel this course and in such an event cannot be responsible for expenses associated with travel and lodging. In the unlikely event that a course is cancelled CJ Education and Consulting, LLC will provide a full refund of the registration fee only.



Please refer to our website at
www.cj-education.com
for additional course information.

We are also available for private in-services with content prepared to meet your therapists' particular needs. Please call 203-393-2446 or Email cjec@optonline.net for details.