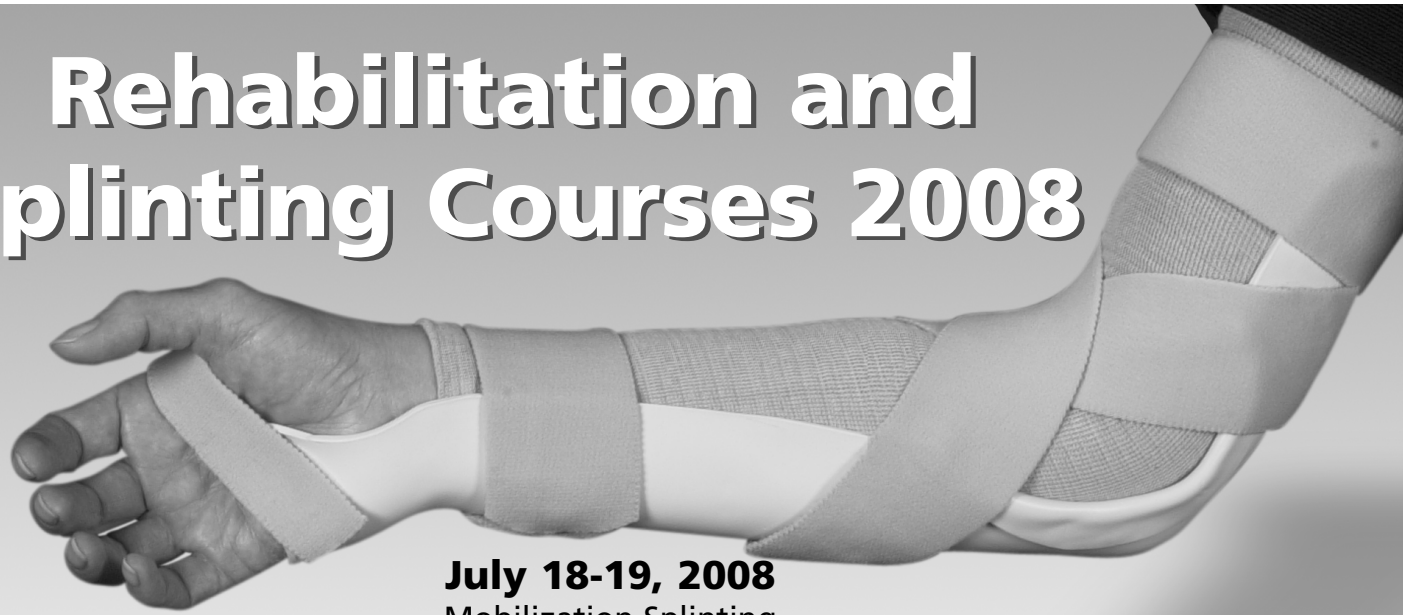


# Rehabilitation and Splinting Courses 2008



**July 18-19, 2008**

Mobilization Splinting  
Walnut Creek, California

**August 8-9, 2008**

Immobilization and Mobilization Splinting  
Elmhurst, Illinois



*presented by*

**Noelle M. Austin, MS, PT, CHT**

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# Mobilization Splinting

## July 18-19 — Walnut Creek, California

### Course Description:

The focus of this course will be the splint fabrication process. A dynamic format utilizing lecture, case studies, demonstration and hands-on lab activities will address the basic skills for mobilization splinting. This interactive course is intended for the practicing PT, PTA, OT, COTA with intermediate splinting skills. Participants will gain insight to appropriate splinting products on the market as well as acquire 'Clinical Pearls' from the experienced instructor. Various splinting materials will be utilized including a wide range of thermoplastics and strapping.

### Course Schedule

#### Friday:

4:30 - 5:00	Registration
5:00 - 6:30	Lecture: Mobilization Splinting
6:30 - 8:30	Lab
	• MP flexion mobilization splint

#### Saturday:

8:30 - 10:00	Lecture: Splinting Clinical Pearls
10:00 - 12:30	Lab
	• PIP flexion mobilization splint
	• PIP extension mobilization splint
12:30 - 1:30	Lunch (on own)
1:30 - 4:30	Lab
	• MP extension mobilization splint
	• Wrist extension mobilization splint

# Immobilization and Mobilization Splinting

## August 8-9 — Elmhurst, Illinois

### Course Description:

The focus of this course will be the splint fabrication process. A dynamic format utilizing lecture, case studies, demonstration and hands-on lab activities will address the basic skills for immobilization and mobilization splinting. Participants may attend one or both days. This interactive course is intended for the practicing PT, PTA, OT, COTA with beginner to intermediate splinting skills. Participants will gain insight to appropriate splinting products on the market as well as acquire 'Clinical Pearls' from the experienced instructor. Various splinting materials will be utilized including a wide range of thermoplastics and strapping.

### Course Schedule

#### Friday: Immobilization Splinting

8:00 - 8:30	Registration
8:30 - 10:00	Lecture: Immobilization Splinting
10:00 - 12:30	Lab
	• Hand-based thumb immobilization splint (short opponens)
	• Hand-based digit immobilization splints
	• Wrist immobilization splint (wrist cock-up)
12:30-1:30	Lunch (on own)
1:30-4:30	Lab
	• Wrist/thumb immobilization splint (thumb spica)
	• Wrist/hand immobilization splint (resting hand)
	• Elbow immobilization splint

#### Saturday: Mobilization Splinting

8:00 - 8:30	Registration
8:30 - 10:00	Lecture: Mobilization Principles
	• MP Extension mobilization splint (Digitec Kit)
10:00 - 12:00	Lab
	• MP flexion mobilization splint
12:00 - 1:00	Lunch (on own)
1:00 - 4:30	Lab
	• PIP flexion mobilization splint
	• PIP extension mobilization splint
	• Wrist mobilization splint

### Course Instructor

Noelle M. Austin MS, PT, CHT is a graduate of Quinnipiac University who obtained her Master's degree at the University of Connecticut with a special focus on Allied Health Education. She has been teaching the art and science of splinting for over 13 years. In addition to conducting both national and private workshops on splinting and hand rehabilitation, Noelle has been involved in product development and training of sales representatives for Sammons Preston Rolyan. For the past two years she has presented a pre-conference at the Annual ASHT meetings on the topic of splinting. She owns CJ Education and Consulting, LLC which is dedicated to providing quality clinical education for therapists around the country. Currently a hand therapist at ProPT in Hamden, CT, she is also an active member of the American Society of Hand Therapists. Noelle is co-author and co-editor of the book: *Splinting the Hand and Upper Extremity: Principles and Process* published by Lippincott Williams and Wilkins, 2003. She co-authored the Jul-Sep 2004 article published in *The Journal of Hand Therapy*: 'A comparison of high-profile and low-profile dynamic mobilization splint designs'. In addition, she wrote the chapter 'Wrist and Hand Complex' in the 4th edition of *Joint Structure and Function* (Levangie and Norkin) published by FA Davis in 2005. She also co-authored 'Orthotics in the Management of Hand Dysfunction' in 2nd edition of *Orthotics and Prosthetics in Rehabilitation* (Lusardi and Nielsen) published by Elsevier 2007.

### Course Registration

**Course Tuition:** Includes continental breakfast, refreshments/snacks at the breaks, course manual and splinting materials. Please note ability to attend one or both days of Illinois course only!!

July 18-19 -- California: \$325 (early bird \$300 - due 30 days prior)  
August 8-9 -- Illinois: 2 days -- \$450 (early bird \$400 - due 30 days prior)  
OR 1 day - \$250 (early bird \$200 - due 30 days prior)

**Contact Hours:** Certificates of attendance will be issued to all participants completing the CEU requirements. This course meets criteria "A" for hand therapy re-certification.

California: 10.5 contact hours (1.05 CEUs)  
Illinois: 2 days - 14 contact hours (1.4 CEUs)  
OR 1 day - 7 contact hours (0.7 CEUs)

**Course Location:** Directions and listing of local lodging will be included in confirmation letter.

California: John Muir Medical Center – Walnut Creek CA  
Illinois: Patterson Medical/Sammons Preston – Elmhurst IL

**Payment:** (no credit cards accepted – CHECKS ONLY)

Please make checks payable and return to:

CJ Education and Consulting, LLC

P.O. Box 3930

Woodbridge, CT 06525

phone/fax: 203.393.2446

### Registration Form: PLEASE PRINT CLEARLY!!

NAME: \_\_\_\_\_

PROFESSION/CREDENTIALS: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

HOME PHONE: (\_\_\_\_\_) \_\_\_\_\_

WORK PHONE: (\_\_\_\_\_) \_\_\_\_\_

FAX: (\_\_\_\_\_) \_\_\_\_\_

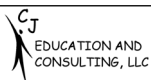
E-MAIL: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_

COURSE: \_\_\_\_\_ California: July 18-19, 2008  
\_\_\_\_\_ Illinois: August 8-9, 2008 (For Illinois course - please indicate one or both days!)

**CONFIRMATION LETTERS WILL BE FAXED OR EMAILED – PLEASE INDICATE PREFERENCE!!** \_\_\_\_\_ FAX OR \_\_\_\_\_ EMAIL

Registration is on a first come first served basis. Limited enrollment is planned to ensure quality of course and ample instructor-participant attention. Cancellation of registration up to 2 weeks prior to course date will result in a refund minus a \$50 administrative fee. Refunds will be issued within 30 days of notification. THERE WILL BE NO REFUNDS AFTER THIS ESTABLISHED DEADLINE. CJ Education and Consulting, LLC reserves the right to cancel this course and in such an event cannot be responsible for expenses associated with travel and lodging. In the unlikely event that a course is cancelled CJ Education and Consulting, LLC will provide a full refund of the registration fee only.



Please refer to our website at  
[www.cj-education.com](http://www.cj-education.com)  
for additional course information.

We are also available for private in-services with content prepared to meet your therapists' particular needs. Please call 203-393-2446 or Email [cjec@optonline.net](mailto:cjec@optonline.net) for details.